

# 40 DAYS OF PRAYER FOR the general election



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#GetOutAndVote

In Paul's first letter to Timothy, he urges him that "petitions, prayers, intercession and thanksgiving be made for all people - **for kings and all those in authority**, that we may live peaceful and quiet lives in all godliness and holiness" (1 Timothy 2:1-2).

Had the Apostle been writing his letter today, in 21st Century Britain, I rather imagine that he would have been urging Timothy to **pray for the upcoming General Election** as well.

This election comes at a time when trust in politicians seems to be at an all-time low, at a time when people feel disillusioned with Parliament, and when our debates are more toxic and our divisions feel more pronounced than ever before.

But rather than being disillusioned ourselves, perhaps that means that we should care about it **all the more**. As Christians in a fallen world, it comes as no surprise that our politics is not what we would wish it to be. But rather than writing it off, at CARE, our vision statement is to see "**Politics Renewed, Lives Transformed**", knowing that God is still at work in the midst of human sinfulness and brokenness.

I do hope that this Prayer Diary will encourage you as you seek to commit this General Election, in all its different aspects, to the Lord, praying in the knowledge that "**the prayer of a righteous person is powerful and effective**" (James 5:16), and that no prayer is too big for our God to answer.

Yours in His grace,



**Ross Hendry**  
CEO of CARE

# PREPARING FOR THE GENERAL ELECTION

*'Praise be to the name of God for ever and ever; wisdom and power are His. He changes times and seasons; He deposes kings and raises up others. He gives wisdom to the wise and knowledge to the discerning. He reveals deep and hidden things...'* **Daniel 2:20-22 (NIV)**

**TUES**  
**28**  
**MAY**

**Holy Spirit, please lead and inspire us** over the next 40 days. We call upon the Father's mercy and grace for our nation as we approach this General Election and the establishment of a new Parliament. In Christ's name. **Amen.**

**WED**  
**29**  
**MAY**

O Lord, please guard **the stability of the United Kingdom as the Westminster Parliament closes and MPs relinquish their seats**. We pray for the approximately 100 not standing again, and for their staff, as they embark on a new season in their lives. In Jesus' name. **Amen.**

**THURS**  
**30**  
**MAY**

Sovereign Lord, we pray for **the Prime Minister, other Ministers and civil servants as they carry out necessary government business** during the pre-election period, being careful not to announce or decide anything that could affect the election campaign. By Your grace. **Amen.**

**FRI**  
**31**  
**MAY**

God of mercy, we are so thankful that in the United Kingdom we have the right to vote, unlike many in other countries. We pray that people will not become complacent about their freedom, but that they will take seriously this opportunity to participate in the democratic process. For Christ's sake. **Amen.**

**SAT**  
**1**  
**JUNE**

Lord of judgement, mercy, wisdom and power. **Please expose the intent of anyone seeking to deceive or disrupt the democratic process**. Grant favour to candidates who honour Your ways and want to serve with integrity in the minds of voters. For Christ's sake. **Amen.**

# LOCAL CONSTITUENCIES AND VOTERS

*'All a person's ways seem pure to them, but motives are weighed by the Lord. Commit to the Lord whatever you do, and He will establish your plans. The Lord works out everything to its proper end – even the wicked for a day of disaster.'* **Proverbs 16:2-4 (NIV)**



**SUN  
2  
JUNE**

Good Shepherd, we commit to You everyone living in **our local constituency** and pray that members of our communities who want to voice their concerns will have opportunities to speak to candidates and feel confident about every aspect of the election process. In Jesus' name. **Amen.**

**MON  
3  
JUNE**

Lord, You know everything about each of the 650 parliamentary constituencies and everyone who lives in them. We pray for the **welfare of all who engage in local campaigns:** parliamentary candidates, party and local government officials, and volunteers. In Your mercy. **Amen.**

**TUES  
4  
JUNE**

O God, please enable staff at **the Electoral Commission** to oversee the election process in each area of the UK: supporting Returning Officers, checking campaign spending, ensuring postal and proxy votes and polling stations are prepared, and answering questions. By Your grace. **Amen.**

**WED  
5  
JUNE**

Dear Lord, we pray for those standing in parliamentary **constituencies where boundaries have changed** so that each one has an average of 73,000 voters. Help them to become familiar with new areas and find ways to connect with those living there. For Jesus' sake. **Amen.**

**THURS  
6  
JUNE**

Father God, please **encourage many Christians to become involved** in their local area, by supporting a political party, helping to organise hustings and publicity, working in campaign offices, canvassing and encouraging people to turn out to vote. In Christ's name. **Amen.**

**FRI  
7  
JUNE**

Prince of Peace, we ask that churches in every UK constituency will work together to facilitate and host **hustings events gathering local people** to question and hear from those seeking to represent them in Parliament. Please bless each endeavour. **Amen.**

**SAT  
8  
JUNE**

Lord, we are grateful to live in a democracy where everyone has the right to cast their ballot. We pray for **anyone who might be prevented from voting**, owing to disability, illness, lack of photo ID, others' undue influence or other reasons. May they find a way to take part. In Your mercy. **Amen.**

# PARTY MANIFESTO ISSUES

*‘This is what the Lord of Heaven’s Armies says: “Judge fairly and show mercy and kindness to one another. Do not oppress widows, orphans, foreigners, and the poor. And do not scheme against each other.”* **Zechariah 7:9,10 (NLT)**

**SUN  
9  
JUNE**

Father, we pray that the predominant manifesto issues during the campaign will be those on Your heart and for politicians to speak with compassion, grace and integrity; **prioritising the needs of the vulnerable to create a fairer and more caring society.** In Your mercy. **Amen.**

**MON  
10  
JUNE**

Lord, please guide our politicians and others in their **economic policies and plans;** we pray that taxation might be fair, investment might be wise, and financial resources distributed prudently across society. Please help our future government to be faithful to their promises. For Christ’s sake. **Amen.**

**TUES  
11  
JUNE**

God of mercy, we ask that manifesto proposals to alleviate pressure on **households most affected by the rise in the cost of living** will be workable financially and will provide real help to those who need it most. Please reveal any flaws in such plans. In Your mercy. **Amen.**

**WED  
12  
JUNE**

Creator God, we pray for our nation as we seek to implement **‘green’ policies.** May politicians prioritise wise efficient investment in renewable energy, clean industry and technology, reduce pollution and waste, and promote other good measures. In Jesus’ name. **Amen**

**THURS  
13  
JUNE**

Lord, human beings made in Your image are so precious in Your sight. We ask that manifesto **proposals that would result in more abortions or legalise physician assisted suicide** will be openly debated and rejected by many voters. According to Your holy will. **Amen.**

**FRI  
14  
JUNE**

God of liberty, where manifestos refer to controversial issues, please uphold freedom of expression, religion and belief, and outlaw threatening and hateful communications. We ask that debate **would be respectful and reasoned.** By Your grace. **Amen.**

**SAT  
15  
JUNE**

Sovereign Lord, we pray that manifesto content concerning crucial issues such as the **NHS, housing, education, ‘levelling up’, transport, employment, and the economy** will lead to workable solutions to the challenges our nation faces in these areas. In Jesus’ name. **Amen.**

# GRACE AND TRUTH

*'An honest witness tells the truth, but a false witness tells lies. The words of the reckless pierce like swords, but the tongue of the wise brings healing.'* **Proverbs 12:17,18 (NIV)**

**WED  
19  
JUNE**

Lord, please watch over candidates as they are out and about, travelling, speaking to voters and attending many meetings. We ask not only for good health and stamina for them and their teams, but for protection from accidents and attack at a time when our politics feels so divisive. **Amen.**

**SUN  
16  
JUNE**

Lord, we ask for Your help regarding the **increasing use of deceptive AI-generated content**, such as 'deepfake' material, that misrepresents individuals and endangers the democratic outcome of the election process. Please grant success to those opposing this. In Your mercy. **Amen.**

**THURS  
20  
JUNE**

Dear God, we pray for candidates as they meet with the public at **hustings events**, many of which will be hosted by churches. May these be impartial and efficiently-run opportunities for active, civil democracy across the UK. According to Your grace. **Amen.**

**MON  
17  
JUNE**

Righteous God, may those who work in **printed and online media, producers, editors and presenters of news and current affairs programmes**, who are often under great pressure, endeavour to speak and act with fairness, grace and truth. By Your grace. **Amen.**

**FRI  
21  
JUNE**

Righteous Lord, please **comfort, strengthen and protect anyone standing for election who receives vitriolic messages**. May the positive qualities of social media outweigh the intimidating aspects of it, and may perpetrators be silenced and punished. In Your mercy. **Amen.**

**TUES  
18  
JUNE**

Father, we pray that **political broadcasts, 'question times' and high-profile TV debates** will provide effective opportunities for party leaders to present their beliefs and proposals clearly and honestly, to enable people to reflect and to consider their choices at the ballot box. In Jesus' name. **Amen.**

**SAT  
22  
JUNE**

Father, thank You for every opportunity for **Christian organisations, communicators, churches and individuals to engage in public debate**; demonstrating conviction with civility in responding to issues with important moral and ethical implications. For Christ's sake. **Amen.**

# PARLIAMENTARY CANDIDATES

*'So we keep on praying for you, asking our God to enable you to live a life worthy of His call. May He give you the power to accomplish all the good things your faith prompts you to do.'*  
**2 Thessalonians 1:11,12 (NLT)**

**SUN  
23  
JUNE**

Merciful Lord, please grant us a new Parliament and government that includes many **people of outstanding ability and vision, who are committed to serving with integrity and wisdom.** We pray for many candidates to believe in You, to turn to You in prayer and to follow Your ways. In Jesus' name. **Amen.**

**MON  
24  
JUNE**

God of justice and truth, we pray for every man and woman standing for Parliament across the country. **Protect them from anyone who seeks to harm or hinder them** and please grant them energy and strength during these demanding weeks of campaigning. In Your mercy. **Amen.**

**TUES  
25  
JUNE**

Sovereign God, please grant **wisdom and grace to the leaders of the main parties** contesting the Election: Rishi Sunak – Conservative, Keir Starmer – Labour, Stephen Flynn – Scottish National, Ed Davey – Liberal Democrats, Carla Denyer and Adrian Ramsay – Green. For Christ's sake. **Amen.**

**WED  
26  
JUNE**

Father, we pray for **candidates representing smaller political parties and those who are independent** as they compete with the major players for publicity and votes. Please restrain anyone standing who holds unacceptably extreme views from causing serious disruption. By Your grace. **Amen.**

**THURS  
27  
JUNE**

Dear Lord, we remember **candidates' families during this demanding time** of public appearances, travelling, canvassing, and other obligations. Please especially comfort the children of candidates when their parents are under such levels of pressure. In your mercy. **Amen.**

**FRI  
28  
JUNE**

**Thank You, Father, for the number of Christians standing** in the General Election, many for the first time. May Your will be done in and through their lives during this campaign period. Please cause many to be elected as MPs who might represent you in Parliament. In Jesus' name. **Amen.**

**SAT  
29  
JUNE**

God of truth, please help candidates and those supporting them to **fulfil Electoral Commission rules for people who stand for election:** ensuring strict financial management, accurate reporting and adhering to the rules in their campaigning. In Jesus' name. **Amen.**

# ELECTION DAY AND AFTERWARDS

*'I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone - for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Saviour.'* **1 Timothy 2:1-4 (NIV)**

**SUN  
30  
JUNE**

Lord of the Church, may Your gathered people faithfully pray especially for 'all those in authority'. **Please raise up a growing army of intercessors across our land**, filled with Your Spirit and bringing You praise, requests and thanks through the coming years! In Christ's name. **Amen.**

**MON  
1  
JULY**

Sovereign God over all the earth, in this unprecedented year of elections we pray that ours will be an encouraging example to **political leaders and people in many other nations to maintain, improve and enhance their democratic institutions and processes.** In Your mercy. **Amen.**

**TUES  
2  
JULY**

God our rock of safety, we pray for **those involved in security around Election Day.** May they work together vigilantly and be alert to any attempts to interfere with our democratic process. Please especially help them to prevent any cyber-attacks and voter fraud. In Jesus' name. **Amen.**

**WED  
3  
JULY**

Father, please bless the **150,000 people working to make polling day run smoothly:** setting up the UK's 40,000 polling stations, preparing ballot papers, helping voters, and acting as Returning Officers, Supervisors and Counters to make sure the Election is fair. By Your grace. **Amen.**

**THURS  
4  
JULY**

**ELECTION DAY:** Dear God of mercy and grace, **please help each of us today to vote according to our conscience and with wisdom.** We pray that everyone who wants to will be able to get to their local polling station and fill in their ballot paper in privacy. In the name of Jesus. **Amen.**

**FRI  
5  
JULY**

Lord, as results come in, we remember **candidates who are disappointed**, and especially former MPs and their staff as they clear their offices. Please help them and grant wisdom and strength to all who have been elected in their local constituencies. In Your mercy. **Amen.**

**SAT  
6  
JULY**

Sovereign God, we pray for the new **Prime Minister as he appoints colleagues to the Cabinet and other senior posts.** Please equip them with foresight, vision, wisdom and compassion for all people as they begin the demanding work of government. For Christ's sake. **Amen.**

# Top 3 ways you can **engage** with CARE's resources this election

**engaGE24**   
a project of CARE

**Keep up to date  
with all the latest  
election news at**  
**[engage24.org.uk](https://engage24.org.uk)**

1

## Take our quiz determining which party you align with

Answer questions on the policy areas which matter to you, and see which party you match with! Whether it's the Economy, Education or the Environment, we want to help you think through your vote based on your priorities.

2

## Watch our in-depth interviews with MPs

We've sat down with three Christian MPs from some of the main political parties in Westminster, and asked them about life in Parliament, their political career, and why, as Christians, they support the parties they do.

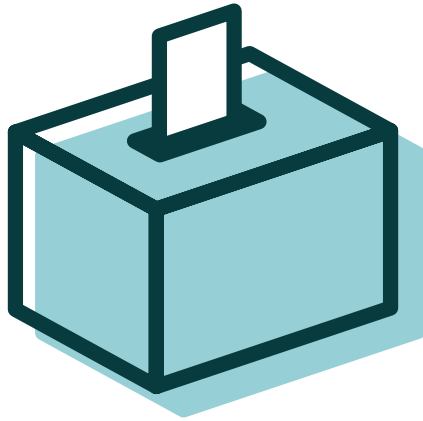
3

## Listen to our election podcast

Looking for some thoughtful Christian commentary this election season? Join James and Peter as they talk through the biggest stories, interview some great guests, and think about what the Bible has to say.







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