

OCTOBER 2025 – JANUARY 2026



CARE
FOR WHAT
YOU BELIEVE

CARE Prayer Diary



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The Ark of the Covenant, sacred to the Israelites, contained the tablets of the law, Aaron's rod and a pot of manna.

*'Make an ark of acacia wood ... Overlay it with pure gold, both inside and out ... make an atonement cover of pure gold ... and two cherubim out of hammered gold ... their wings spread upward, overshadowing the cover with them ... **there, above the cover between the two cherubim that are over the ark of the covenant law, I will meet with you** and give you all my commands for the Israelites.'* Exodus 25:10-22 (NIV)



The golden atonement cover, or 'mercy seat', was where God's holy presence came each year on the Day of Atonement. Sacrifices were made and He promised, 'on this day, atonement will be made for you, to cleanse you. Then, before the Lord, you will be clean from all your sins.' (Leviticus 16:30). But because Jesus died on the cross, 'God, in his grace, freely makes us right in his sight. He did this through Christ Jesus when he freed us from the penalty for our sins. For God presented Jesus as the sacrifice for sin.' This sacrifice for sin refers to the ark's mercy seat cover. So, as Hebrews 4:16 says, 'Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.'

The CARE Prayer Diary is written by Revd. Celia Bowring.
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Revd. Celia Bowring

OCTOBER 19 – 25

GOD'S MERCY



SUN
19

Loving Father, as we contemplate the vast suffering being experienced across the world today, our hearts fail us, unless we trust in Your infinite mercy, knowledge, and power. Thank You that sin, death and evil were defeated through Christ's death and resurrection, and that He will return to destroy them forever. Through His perfect grace. Amen.

MON
20

Holy Spirit, please fill us with the Father's mercy so we may share it with others. Lead us to anyone in need of rescue who You want us to help, and be at work through wise initiatives that demonstrate Christ's redeeming love and bring true freedom. In His name. Amen.

TUES
21

Lord, we pray for victims of major miscarriages of justice—cases that have been revealed by the media, and those we know nothing about. Please vindicate people whose lives were wrecked, many of whom are no longer alive. Expose shameful cover-ups, and help investigators and judges to restore truth. For Christ's sake. Amen.

WED
22

Holy God, we acknowledge the spiritual, moral, and social decline in our land and intercede for forgiveness and restoration. Please stir up Your people to pray in repentance and to stand up for righteousness. Shine Your light into our darkness! In Christ's name. Amen.

'Turn to me and be gracious to me, for I am lonely and afflicted. The troubles of my heart are enlarged; bring me out of my distresses. Consider my affliction and my trouble and forgive all my sins.'

PSALM 25:16-18 (ESV)

THURS
23

Lord, we remember those who are in prison—not only denied freedom, but often subjected to cruelty and oppression. May many turn to You, especially through the ministries of individual chaplains and visitors, Christian organisations, and programmes that help them understand and accept the gospel. For Christ's sake. Amen.

FRI
24

God of all grace and kindness, thank You for Your promise to always remain and watch over those who believe. Please grant strength and comfort when we go through various trials, and help us to walk by faith each day. According to Christ's mercy. Amen.

SAT
25

Lord Jesus, please draw near to anyone who is nearing the end of their life. Bring them to a place of receiving Your gracious forgiveness and entrusting themselves to Your love, that they may die at peace knowing You. Have mercy, too, on those who love them. In Jesus' name. Amen.

'God's mercy is so great that you may sooner drain the sea of its water, or deprive the sun of its light, or make space too narrow, than diminish the great mercy of God.'

(Charles Haddon Spurgeon)

OCT 26 – NOV 1

MARRIAGE



SUN
26

Loving Creator, thank You for the divine design of marriage—of one man and one woman being joined together for life—a picture of Christ's love for the Church and Your ordained basis for human flourishing that transcends time and culture. By Your grace. Amen.

MON
27

58TH ANNIVERSARY OF 1967 ABORTION ACT

O Lord, we mourn the 11 million abortions that have taken place since this became legal in the UK. We grieve for these unborn children, and tenderly pray for women who have experienced abortion to seek and find Your mercy and healing. In Jesus' name. Amen.

TUES
28

Father God, may Your blessing rest upon newlywed couples known to us, and those preparing to marry: that they may grow ever closer and dearer to each other, whatever the future brings, and look to You with thanksgiving for all they need. For Christ's sake. Amen.

WED
29

Lord, we pray that more couples will choose to commit to marriage, with all its benefits, rather than simply living together—especially with sky-high wedding costs and marriage not being actively promoted in our society. We ask for attitudes to change. By Your grace. Amen.

THURS
30

Holy Spirit, please help couples who are struggling to stay together to seek help to work out their differences, make necessary changes, and, where possible, agree to stay married. We remember children who are caught up in these situations. For Jesus' sake. Amen.

FRI
31

Dear Lord, thank You for couples whose enduring and loving marriages are an encouragement to those around them. Please strengthen them in their latter years, especially as ill health, bereavement, and other sadnesses enter their lives. In Jesus' name. Amen.

SAT
1

Father, we pray for Agape, Care for the Family, Engage, Marriage Foundation, The Marriage Course, 2-in-2-1, and other Christian organisations, as they support married couples and families, and promote biblical values concerning sexuality and gender through research and reasoned debate. In Jesus' name. Amen.

'Over the last two decades, politicians and judges have believed they could redefine marriage, but marriage – between one man and one woman – is rooted in nature itself, the unique union able to welcome new human life, providing the stability and nurturing environment children need, benefiting both men and women, and strengthening society. Laws may come and go, but the truth about real marriage remains.' (Dr Tony Rucinski, Coalition for Marriage c4m.org.uk)

NOVEMBER 2 – 8

FAITH AND INTEGRITY



SUN
2

INTERNATIONAL DAY OF PRAYER FOR THE PERSECUTED CHURCH

Merciful Father, we pray for the estimated one in seven faithful Christians today who are suffering high levels of persecution and discrimination across 50 countries, especially in Africa and Asia. Please watch over them and help them persevere as powerful witnesses for Jesus. In His name. Amen.

MON
3

Sovereign God, we pray for our world which 'lies in the power of the evil one'¹ and intercede for Your creation that is 'in bondage to decay.'² Please bring truth where there is deception, peace instead of war, and faith in place of cynicism and indifference. May Your Church shine out in faith and integrity. For Your glory. Amen.

(¹1 John 5:19 ²Romans 8:21)

TUES
4

Lord of wisdom and knowledge, we lift to You the learning institutions in our nation—schools, colleges, universities, centres for research, exploration, engineering, information technology, AI, and think tanks. Please awaken in them a genuine desire for truth and healthy collaboration as they seek ways to pursue innovation and excellence. For Christ's sake. Amen.

WED
5

Jesus our Redeemer, we remember Christian leaders who have 'fallen from grace' and are under investigation. Please help them in their journey of repentance, providing support for them and their loved ones to move forward, trusting in Your purposes of truth and love. By Your grace. Amen.

'Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take. Don't be impressed with your own wisdom. Instead, fear the Lord and turn away from evil.'

PROVERBS 3:5-7 (NLT)

THURS
6

Father, please strengthen and guide men and women engaged in competitive and elite sport who follow Jesus, that they may demonstrate His wisdom and integrity in their public and personal lives. Thank You for the ministry of Christians in Sport, supporting sportspeople at every level through mentoring, encouragement, prayer, and Bible study. For Christ's sake. Amen.

(christiansinsport.org.uk)

FRI
7

Thank You, Lord, for individuals who in every area of their lives exercise their Christian faith with integrity and compassion. We particularly pray for those who are in the public eye to continue to immerse themselves in Your Word, be diligent in prayer, and remain humble and accountable to wise counsellors. In Jesus' name. Amen.

SAT
8

Holy Spirit, please increasingly inspire people with creative ability—engaged in performance, literature, music, art, fashion, information technology, film, and social media—to pursue values that reflect Your ways and deter people from embracing ideas that are deceitful and harmful. In Your mercy. Amen.

'Honesty has a beautiful and refreshing simplicity about it. No ulterior motives. No hidden meanings. An absence of hypocrisy, duplicity, political games, and verbal superficiality. As honesty and real integrity characterise our lives, there will be no need to manipulate others.' (Charles Swindoll, American pastor, author and broadcaster)

NOVEMBER 9 – 15

THANKSGIVING



SUN
9

REMEMBRANCE SUNDAY

Lord, we honour those who died during world wars and other conflicts. Please comfort those who mourn, and grant peace and healing to all who have been wounded in body, mind, soul, and spirit. Thank You for the sacrifice that so many have made, and help us to remember them. In Jesus' name. Amen.

MON
10

God of compassion, thank You for charities and groups that support people in various kinds of need, and for the millions who voluntarily give their time, money, talents, and kindness to help others and contribute to important initiatives, including many Christian individuals. By Your grace. Amen.

TUES
11

Lord Jesus, we intercede for people who are experiencing health problems, financial challenges, and other anxieties. Please inspire them to turn to You in faith amid their trials, to find strength through Your gracious intervention, and to respond with thanksgiving to You. In Your mercy. Amen.

WED
12

Prayer Alert! 'Shine Your Light 2025' weekend, 12–14 December:

mobilising 200,000 Christians to witness for Christ in offices, workplaces, town centres, and other public places through carol singing, nativity plays, open-air Christingle services, and other events! Please lift this to God.

(shineyourlight.org.uk)

'Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.'

1 THESSALONIANS 5:16-18 (NIV)

THURS
13

Father, thank You for people—often overlooked—who undertake essential yet unpleasant tasks, such as street and environmental cleaners, sewerage engineers, refuse collectors, recycling and landfill workers, and pest control technicians. Please bless and encourage them. For Christ's sake. Amen.

FRI
14

Lord Jesus, we are encouraged by Bible Society reports of the 'quiet revival'

—a 50% rise in UK church attendance since 2019, with 16% of young adults, particularly men, now coming to church at least monthly. Please grant wisdom to Christian leaders in their desire to see new believers disciplined well. In Jesus' name. Amen.

SAT
15

Almighty God, please guide, guard and provide for the ongoing construction of the Eternal Wall of Answered Prayer. We pray that it will be a powerful witness to Your faithfulness and love, and be a catalyst to invite many to believe and commit their lives to Christ. To Your glory. Amen.

Completed in 2027, the Eternal Wall of Answered Prayer near Birmingham will be a 169-foot-high monument made of a million bricks, each digitally linked to a testimony of how Jesus has answered a specific prayer. It will be visible for nearly six miles and seen from the nearby motorway by over 500,000 people each day. 24/7 prayer centre and evangelistic resources will also be available. (eternalwall.org.uk)

NOVEMBER 16 – 22

WIDOWS AND ORPHANS



SUN
16

SAFEGUARDING SUNDAY

God of compassion, we ask for wisdom and determination for those in church leadership to ensure that children and adults can feel and be safe in Christian communities. Please help them to put wise and workable safeguarding measures in place that will protect everyone. For Christ's sake. Amen.

MON
17

God of comfort, please strengthen widowed women and men, and bereaved children, as they carry burdens of grief, loneliness, vulnerability, and fear for the future. We thank You that many are surrounded by caring family and friends, and we pray for those who feel alone to find solace and hope amid their grief. In Jesus' name. Amen.

TUES
18

Father, we lift to You families headed by lone parents—90% of them mothers—with almost half of the 3.3 million children involved living on insufficient income to meet their family's minimum needs. Please help the government to implement effective and fair ways to support them, and may communities be generous and welcoming to neighbours who are in need. In Your mercy. Amen.

WED
19

Dear Lord, we intercede for children who enter the care system as a result of abuse, neglect, poverty, or because there is no one else to look after them. May as many as possible be placed in loving homes, and may social workers and other carers be given understanding and compassion for these often deeply disturbed youngsters. For Jesus' sake. Amen.

'Speak up and judge fairly; defend the rights of the poor and needy'

PROVERBS 31:9 (NIV)

'Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress [and to keep oneself from being polluted by the world.]' JAMES 1:27 (NIV)

THURS
20

Creator God, please bless projects in less developed countries that empower women with no partner and many dependents, through advice, training in literacy, business and other life skills, and microfinance schemes that give them dignity and a means of support. By Your grace. Amen.

FRI
21

Father, thank You for Christian ministries and other organisations that reach out to abandoned children who are living on the streets, in modern slavery, recruited as child soldiers, and in many other perilous situations. Please help them to rescue and restore many. In Jesus' name. Amen.

SAT
22

Saviour, please draw widows, other vulnerable women and orphans who have experienced tragic events and are destitute to You. Lead them to Christian churches and people who will care for them and help them to grow in faith and find healing through Your love. In Your mercy. Amen.

'In some countries, armed conflicts, displacement, and migration, and health crisis leave tens of thousands of women newly widowed or without partners, who are missing or disappeared. They are often vulnerable to sexual and other violence, denied inheritance rights and robbed of their property after the death of a partner, face extreme stigma and discrimination and are denied basic support.' (International Widows' Day 23 June 2026)

SCIENCE AND TECHNOLOGY



SUN
23

Wonderful Creator and Sustainer of the universe, thank You for the incredible diversity, potential, and beauty of all You have made, which we can discover, develop, implement, and enjoy through science and technology to enhance our world. Lead us according to Your wisdom. In Your mercy. Amen.

MON
24

Father, we pray for those who are determined to find technological solutions to major world problems, such as eradicating mass hunger, treating major diseases, providing universal education, and generating clean power for everyone. Please provide the resources needed. In Jesus' name. Amen.

TUES
25

O God, we pray for those at the forefront of developing deadly autonomous weapons, which are increasingly being deployed in conflict situations. Please grant to politicians and others moral courage, wisdom, and authority to prevent these missiles, drones, and robots from overriding human control with devastating consequences. In Your mercy. Amen.

WED
26

Lord, we pray for Christians who study and work in science and technology, remembering how many of the greatest intellects and inventors had a strong faith in God. Assure them that science and Christianity are fully compatible and You are the source of all creative accomplishments. For Christ's sake. Amen.

'God has filled Bezalel with the Spirit of God, with skill, ability, and know-how for making all sorts of things, to design and work in gold, silver, and bronze; to carve stones and set them; to carve wood, working in every kind of skilled craft.'
EXODUS 35:31-33 (THE MESSAGE)

THURS
27

Father of all knowledge and truth, please help young people, encountering rapid change in every area of science and technology, to be intelligent, curious, and discerning as they develop the understanding, life skills, and approaches needed to meet the challenges of the future. For Christ's sake. Amen.

FRI
28

Omniscient God, thank You for recent positive advances in pharmacy and medical treatments, environmentally friendly waste disposal, increased crop yields, battery technology, space exploration, information technology, and other areas. We pray for wisdom to develop these wisely and safely. In Jesus' name. Amen.

SAT
29

Lord, we pray for discernment about the use of artificial intelligence (AI), which brings huge benefits but may also replace humans in employment areas such as music, art, film, writing and other creative work, as well as in legal and justice systems, customer service, administration, and finance. In Your mercy. Amen.

Artificial Intelligence (AI) is the ability of machines to perform tasks that typically require human intelligence, such as learning, problem-solving, and decision-making. It involves creating computer systems that can, in certain ways, think and act like humans. Concerns about AI include its potential to displace human workers, threaten privacy and security, override human control, and escalate conflicts.

NOV 30 – DEC 6

SERVING HUMBLY



SUN
30

ADVENT BEGINS: To celebrate Christ's incarnation and look for His second coming.

King of heaven and earth, this Advent season please help us to focus our minds, devote our hearts, and offer our lives to You in worship as we anticipate Your coming—at Christmas, and also on the Day of Your glorious return, when You will establish Your kingdom forever to the glory of Your name. Amen.

MON
1

WORLD AIDS DAY – uniting people to fight against HIV and AIDS

Lord our Healer, we mourn the loss of 35 million lives to AIDS since 1985, and we pray for those who live with HIV—suffering its physical effects and often experiencing discrimination in work, education, housing, and healthcare—that they may receive the help they need. For Christ's sake. Amen.

TUES
2

Father, please help us to be appreciative of people who work 'behind the scenes' at every level, undertaking crucial and often demanding service in every area of society. We especially remember those who are engaged in government, working in the Civil Service and other connected agencies and roles. In Jesus' name. Amen.

WED
3

Gracious God, please bless the 14 graduates who have joined CARE's Leadership Programme this year to explore faith, politics, and servant-hearted leadership, in parliamentary placements four days a week alongside CARE's intensive study programme. By Your grace. Amen.

THURS
4

Holy Spirit, we pray for grace for the 'apostles, prophets, evangelists, pastors and teachers' You have called 'to equip Your people for works of service, so that the body of Christ may... become mature, attaining to the whole measure of the fullness of Christ.* Please help them to serve with humility and compassion. For Christ's sake. Amen. (*Ephesians 4:11-13)

FRI
5

Thank You, Lord, for the one thousand people each year who give a kidney or part of their liver to save a life, and for the 800,000 UK blood donors whose altruism rescues people caught up in emergencies and patients who rely on regular blood transfusions to survive. We pray for more donors to come forward. In Jesus' name. Amen.

SAT
6

Heavenly Father, we remember those who care for vulnerable people in nursing homes, hospitals, hospices, and in their own homes. Please strengthen and encourage the UK's 5.8 million unpaid carers, many of them juggling this with employment and other responsibilities. For Christ's sake. Amen.

'We must know that we have been created for greater things, not just to be a number in the world, not just to go for diplomas and degrees, this work and that work. We have been created in order to love and to be loved.' (Mother Teresa)

THE RULE OF LAW



SUN 7 Father, we know that Christ Jesus will one day return to judge the living and the dead, and establish His eternal kingdom—defeating Satan, overcoming evil and destroying death. Please help Your people to live faithfully by Your Spirit to uphold righteousness and turn from sin. By Your grace. Amen.

MON 8 Lord, we remember the vast majority of the world's population who live under corrupt jurisdictions, and the courageous people who fight for freedom from tyranny, corruption, and wrongdoing. We pray especially for Christians who speak out to defend the oppressed. In Jesus' name. Amen.

TUES 9 O God, we pray for increased success for the UN Security Council and other bodies in upholding international law where there are concerns about human rights, the conduct of war, destruction of the environment, treatment of prisoners, and other injustices. Grant nations unity and strength to resist those who flagrantly disregard the rights of others and cause devastation. For Christ's sake. Amen.

WED 10 **HUMAN RIGHTS DAY: Holocaust Remembrance - 80 years on.** Merciful Saviour, we intercede for freedom for people whose basic human rights are denied: the right to life, the right to a fair trial, freedom from torture and other cruel and inhuman treatment, freedom of speech, freedom of religion, and the rights to health, education, and an adequate standard of living. In Your mercy. Amen.

'The commands of the Lord are clear, giving insight for living... The laws of the Lord are true; each one is fair. They are more desirable than gold, even the finest gold. They are sweeter than honey, even honey dripping from the comb. They are a warning to your servant, a great reward for those who obey them.'
PSALM 19:8-11 (NLT)

THURS 11 Lord, please inspire and strengthen judges, magistrates, coroners, tribunal members, and others to uphold the core principles of 'independence, impartiality, and integrity' in the UK's Magistrates' Courts, Crown Courts, County Courts, the High Court, and the Supreme Court. In Jesus' name. Amen.

FRI 12 **Thank You, Father, for police officers serving in the 43 territorial forces in England and Wales,** the national services in Northern Ireland and Scotland, the British Transport Police, and two other specialist forces. We pray for their success in reducing crime and protecting vulnerable people. In Your mercy. Amen.

SAT 13 God of righteousness, we pray for judges and magistrates to sentence offenders wisely, and, where appropriate, to choose community-based penalties rather than imprisonment. Help them to consider people's circumstances whilst ensuring they are not 'soft on crime.' By Your grace. Amen.

'The rule of law is the principle that the law applies equally to everyone, that no one is above the law, and, in particular, that the Government must comply with the law and that power is not exercised arbitrarily. It requires that all persons have access to courts that are independent. These courts must resolve disputes objectively in accordance with legal principles. Laws should be accessible, intelligible, clear, and predictable.' (Victoria Prentis KC MP: Attorney General 2022-2024)

DECEMBER 14 – 20

JOURNEYS



SUN 14 O God, be for us our companion on the walk, our guide at the crossroads, our breath in our weariness, our protection in danger, our refuge on the Way, our shade in the heat, our light in the darkness, our consolation in our discouragements, and our strength in our intentions. In the name of Jesus Christ our Lord. Amen. (progressivepilgrimage.com)

MON 15 Gracious Lord, please protect and guide the millions who travel in the UK each day by road, rail, boat, and air, and equip those who have responsibility for safety. We ask for Your comfort and healing for anyone who has been injured or bereaved as a result of an accident. In Jesus' name. Amen.

TUES 16 Father, we pray for air traffic controllers who help airline pilots to take off and land safely and on time. Please enable them to remain calm when facing unexpected emergencies, changing weather conditions, and other setbacks, and to manage their job's pressure and stress. By Your grace. Amen.

WED 17 Lord, may the complex network of computers and online systems—essential to modern transportation—be protected from failure and shielded from cyber-criminals. Please grant success to the National Cyber Security Centre and other agencies, to prevent attacks and apprehend wrongdoers. In Your mercy. Amen.

'An angel of the Lord appeared to Joseph in a dream and said, "Rise, take the child and his mother, and flee to Egypt, and remain there until I tell you, for Herod is about to search for the child, to destroy him." And he rose and took the child and his mother by night and departed.'
MATTHEW 2:13,14 (ESV)

THURS 18 INTERNATIONAL MIGRANTS DAY – Solidarity with Refugees

Merciful God, please guide the governments of countries that are destinations for many migrants to find wise, workable, and compassionate ways to manage these exceedingly problematic situations. We intercede for the thousands who are displaced and seeking a safe place to live. In Jesus' name. Amen.

FRI 19 **Eternal God, thank You for the burgeoning benefits of space exploration** in many fields of scientific research and applications. We ask for Your wisdom for all involved, and particularly pray for astronauts travelling and living in spacecrafts and stations in extreme conditions. For Your glory. Amen.

SAT 20 Mighty God, 'who has measured the waters in the hollow of his hand' (Isaiah 40:12), please watch over those who are travelling by sea. We especially remember the 1.89 million seafarers working aboard ships, many of whom face major hardship and long absences from home. In Your mercy. Amen.

'Before I entered space with the Apollo 15 mission in July of 1971, I was a lukewarm Christian... but I feel the Lord sent me to the moon so I could return to the earth and share his Son, Jesus Christ. The entire space achievement is put in proper perspective when one realises that God walking on the earth is more important than man walking on the moon.' (Colonel James Irwin, American astronaut)

DECEMBER 21 – 27

LIGHT OF THE WORLD



SUN
21

Holy Father, thank You for giving us ‘the light of the knowledge of the glory of God in the face of Jesus Christ* in whom there is no darkness at all! We praise You that Jesus the Light entered our dark and suffering world to overcome evil and bring salvation and hope. Alleluia! (*2 Corinthians 4:6)

MON
22

God of hope, after the longest night of the year when the hours of daylight begin to lengthen, we remember with joy Your promise of goodness and mercy for those who believe, in every season of life. Please shine Your light of hope into many more minds and hearts. In Your mercy. Amen.

TUES
23

Heavenly Father, we pray for families gathered together in this season, that love may abound and difficult relationships be eased. We also remember those who are sad to be far from home and ask You to comfort and encourage them through the hospitality of others. For Jesus’ sake. Amen.

WED
24

Holy Spirit, as millions worldwide attend church services and other Christmas events—to sing, light candles, hear Your Word, pray, and celebrate Jesus’ birth—please reveal to them the truth and grace of the gospel and cause them to surrender their lives. By the mercy of the Father. Amen.

‘Jesus said to the people, “I am the Light of the world. So if you follow me, you won’t be stumbling through the darkness, for living light will flood your path.’

JOHN 8:12 (LIVING BIBLE)

THURS
25

CHRISTMAS DAY

Lord, Your birth at Bethlehem draws us to kneel in wonder at heaven touching earth. You were born in a stable but worshipped by the angels. We have nothing of our own to bring, except what You have given—our lives for Your life. Be with all who are lonely, and all who feel distant from celebrations. Be for us a living hope that lightens our hearts. Our Saviour and eternal God. Amen. (Church of England prayer)

FRI
26

Thank You, Father, for the hospitality and kindness many demonstrate over Christmas as they share with those in need—people who are homeless; in prison, hospital, or care homes; asylum seekers; and others who feel vulnerable and perhaps forgotten. In Your mercy. Amen.

SAT
27

Holy Spirit, we remember ministries that distribute the light of the Bible and other gospel communications in accessible languages and formats in ‘closed’ countries—through the internet, social media, TV, radio and satellite broadcasts, print and video, and face-to-face encounters. May their work bear much fruit! For Christ’s sake. Amen.

It is impossible to count how many Muslims are turning to Christ, but there are reliable reports of millions of conversions over the last two decades—especially throughout the Middle East, Central Asia, and Africa—despite intense religious pressure, restrictive Islamic laws, and the threat of persecution. Many are experiencing deep encounters with Jesus Christ, sometimes through dreams and visions that lead them to seek the truth of the Gospel.

DEC 28 – JAN 3

RESTORING NATURE



SUN
28

O God, we are in awe of Your amazing creation: the heavens, the seas, the earth, and all that inhabit them. We are sorry that humans have failed in so many ways to be wise and faithful stewards. Please help us to restore nature where we can and live responsibly in this world. For Jesus' sake. Amen.

MON
29

Lord, we intercede for the millions of people affected by water scarcity and ineffective systems to deliver fresh water and sanitation services, as demand increases and supplies dwindle. Show us Your wisdom to solve this potential disaster, especially in areas in greatest crisis. In Your mercy. Amen.

TUES
30

Father, we pray for increasing numbers to volunteer for litter picking, waterway cleanups, and beach cleaning across the UK—to improve the environment and preserve the natural beauty of rivers, lakes, and coastal areas, making them more enjoyable for communities. For Christ's sake. Amen.

WED
31

Lord, we pray about the concept of 'rewilding'—letting nature take care of itself, so that natural processes shape land and sea, and restore damaged ecosystems and degraded landscapes. Please unite people to work together to manage schemes wisely and balance progress with the interests of farmers, landowners, and others whose lives may be affected. According to Your will. Amen.

'Ask the animals, and they will teach you, or the birds in the sky, and they will tell you; or speak to the earth or let the fish in the sea inform you. Which of all these does not know that the hand of the Lord has done this? In his hand is the life of every creature and the breath of all mankind.'
JOB 12:7-10 (NIV)

THURS
1

NEW YEAR'S DAY

Faithful Father, as 2026 begins we rededicate ourselves to serve You with thanksgiving for the past, joy in the present, and faith for the future. We trust that You will unfold Your loving plans to prosper and not harm us, to give you hope and a future.* May Your name be praised! Amen. (*Jeremiah 29:11)

FRI
2

Giver of life, we thank You for the positive contribution of trees: creating ecosystems, improving air quality, providing food, health, economic, and other benefits. May reforestation projects to replace woodland lost through environmental disasters and human destruction be very successful. By Your grace. Amen.

SAT
3

Lord, we pray that the 183 countries involved in the Global Plastic Action Partnership Plastics Treaty will soon agree to stricter, enforceable rules to reduce plastic pollution and end the production of harmful microplastics. In Jesus' name. Amen.

In 2025, there were 1 billion tons of plastic waste in the world. When discarded improperly, it pollutes and harms the environment, leading to biodiversity loss and ecosystem damage, threatening human health, affecting food and water safety, disrupting economic activities, and contributing to climate change. Most pollution comes from single-use products. Around 90% of plastics in the ocean are 'microplastics,' which pose serious environmental and health risks.

JANUARY 4 – 10

SPECIAL EDUCATION NEEDS (SEN)



SEN refers to learning difficulties or disabilities that require a child or young person to receive support additional to or different from that provided to most students their age.

SUN 4 Creator God, thank You that we are all unique, including the way our brains work. Please increase society's understanding of those who are neurodiverse and diagnosed with autism, ADHD, dyslexia, dyspraxia, and other conditions. May these individuals overcome any difficulties and flourish. In Jesus' name. Amen.

MON 5 Lord, we pray for children who are susceptible to anxiety, depression, 'conduct disorders', eating disorders, self-harm, and suicidal thoughts. Please help vital support services to engage with them effectively. For Christ's sake. Amen.

TUES 6 Loving God, we remember individuals and their families who have Down's Syndrome, cerebral palsy and other conditions involving some level of learning disability. We pray for any extra help needed to be provided. In Jesus' name. Amen.

WED 7 Father, please protect and bless special schools that cater for pupils who require more support than is possible in mainstream education. We pray for successful placements that match their learning difficulties, physical disabilities, or social, emotional, and mental health needs. For Christ's sake. Amen.

'Jesus said, "Let the children come to me; do not hinder them, for to such belongs the kingdom of God. Truly, I say to you, whoever does not receive the kingdom of God like a child shall not enter it."' MARK 10:14,15 (ESV)

THURS 8 Dear Lord, we pray for appropriate support to be available for children with SEN who face difficulties in thinking, understanding, and learning; emotions and behaviour; speech, language, and communication; and physical or sensory conditions. Grant wisdom and strength to their parents and carers. In Jesus' name. Amen.

FRI 9 **Thank You for the amazing skill and dedication of SEN teachers, and other professional and support staff,** who work with pupils with special educational needs. Please strengthen them as they deal with increasing demands with fewer resources. In Your mercy. Amen.

SAT 10 Father, please grant wisdom to Education Secretary Bridget Phillipson MP and others to find the necessary funding and trained staff to provide for the huge shortfall of pupils with special needs who are waiting for an Education Health Care Plan. In Your mercy. Amen.

More children are being identified as having special educational needs and disabilities (SEND), especially since the COVID pandemic. In England, 1.7 million pupils have SEN, but only 434,000 have an Education, Health and Care Plan (EHCP), which enables them to access support. The most common type of need is autistic spectrum disorder.

JANUARY 11 – 17

PALLIATIVE CARE



Palliative care improves quality of life for patients, families, and caregivers facing physical, psychological, social, and spiritual challenges associated with life-threatening illness. (World Health Organisation)

SUN 11 God of compassion, we remember those who are experiencing great distress and pain because of serious illness that may be terminal. Please grant them access to treatment and care that can relieve symptoms, and comfort them by Your presence. In Jesus' name. Amen.

MON 12 Sovereign Lord, we continue to pray about the Assisted Dying Bill, now in the House of Lords. Please grant wisdom to those who are seeking to oppose it, that vulnerable people may be protected and the slide towards euthanasia averted. In Your mercy. Amen.

TUES 13 Merciful Father, so many countries do not provide palliative care, so that only 14% of those suffering at the end of life can access it. We pray that governments will prioritise this care, provide adequate training and make pain relief medicines available. In Jesus' name. Amen.

WED 14 Lord, we remember community nurses, along with other medical and social service professionals and helpers, who provide palliative and other care to people in the comfort of their own homes and in day centres rather than in hospital. For Christ's sake. Amen.

'God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.'
2 CORINTHIANS 1:3,4 (NLT)

THURS 15 Father, we pray about the possibility of the Leadbeater Bill resulting in care homes and hospices being required to participate in offering assisted suicide, which could cause staff to leave and drastically change the doctor-patient relationship. Lord, have mercy. Amen.

FRI 16 **Lord, we are grateful for all who care for people who are suffering at the end of life:** doctors, nurses, social workers, carers, paramedics, pharmacists, therapists, chaplains, and volunteers engaged in fundraising and offering other support. In Jesus' name. Amen.

SAT 17 Dear Lord, please provide the necessary funding, staff, volunteers, and other resources to the UK's 200-plus hospices for adults and children. We ask You to fill these special places with Your peace and love, especially through those working there. By Your grace. Amen.

Palliative and end of life care are increasingly in demand as people are living longer and with multiple long-term conditions. There are social, economic, and geographical inequalities across the UK around its provision—an estimated 100,000 (1 in 4 people) that could benefit from palliative care die without receiving it each year.

At CARE, our vision is simple:

we want to see politics renewed and lives transformed.

For more than 40 years, we have sought to bring truth and grace into the public square.

We believe Christians have a better story to tell than what our broken world can offer, rooted in Scripture and modelled by Jesus. We long to see a society in which everyone can flourish as God intends them to.

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